

Megan Callahan

OTR/L, CHT | Occupational Therapist

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📍 Denver, CO

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Professional Summary

Licensed Occupational Therapist and Certified Hand Therapist with 10 years of experience across inpatient rehabilitation, skilled nursing, and outpatient orthopedic settings. Skilled in upper-extremity rehabilitation, custom orthotic fabrication, and neurological and geriatric recovery programs, with a consistent record of improving functional independence scores, shortening length of stay, and driving high patient-satisfaction outcomes. AOTA member; NBCOT-certified fieldwork educator.

Licensure & Certifications

📄 Licensed Occupational Therapist

Colorado Board of OT Practice — Lic. #OT.0041852, active through 2027

🌟 NBCOT Certified (OTR)

National Board for Certification in Occupational Therapy

👉 Certified Hand Therapist (CHT)

Hand Therapy Certification Commission, since 2019

💓 BLS / CPR Certified

American Heart Association, renewed annually

Clinical Specializations

Hand & Upper-Extremity Rehab

Neurological Rehabilitation

Geriatric Care & Fall Prevention

Orthopedic & Post-Surgical Recovery

Custom Splinting / Orthotics

ADL Retraining

Ergonomic & Work-Site Assessment

Sensory Integration

Professional Experience

Senior Occupational Therapist, Hand Therapy Lead

Meridian Rehabilitation Hospital

Mar 2021 – Present

Denver, CO

- Manage a 22-patient inpatient caseload spanning stroke, spinal cord injury, and post-surgical orthopedic diagnoses, improving mean Functional Independence Measure (FIM) scores by 27 points from admission to discharge.
- Reduced average length of stay by 18% while sustaining a 96% discharge-to-home rate through early mobility and ADL-focused treatment planning.
- Fabricated custom orthoses for 300+ patients annually, achieving a 92% patient-reported pain reduction at 6-week follow-up.

Occupational Therapist II

Apex Outpatient Therapy Group

Jun 2018 – Feb 2021

Denver, CO

- Treated a caseload of 1,400+ annual outpatient visits for orthopedic, hand, and work-injury referrals, earning a 94% patient satisfaction rating (Press Ganey).
- Cut average time-to-return-to-work for upper-extremity injury cases by 3.2 weeks by introducing early ergonomic and worksite intervention protocols.
- Built and led a monthly wrist/hand post-surgical group class, increasing home-exercise-program adherence from 61% to 88%.

Staff Occupational Therapist

Vertex Health Skilled Nursing & Rehabilitation

Aug 2015 – May 2018

Boulder, CO

- Delivered rehabilitative and restorative care to a 40+ patient geriatric caseload, achieving average Barthel Index ADL-independence gains of 22 points.
- Implemented a standardized balance and mobility screening protocol across an 85-resident long-term care unit, reducing fall incidence by 34% in the first year.

Education

Master of Science in Occupational Therapy

Nimbus University, Fort Collins, CO

2015

Accredited by ACOTE

Bachelor of Science in Kinesiology

Synapse State University, Boulder, CO

2012

Magna Cum Laude

Core Skills & Tools

Manual Therapy

Orthotic Fabrication

Functional Capacity Evaluation

Epic & PointClickCare EMR

Patient & Family Education

Interdisciplinary Care Coordination

Outcome Measure Tracking (FIM/Barthel)