

Sarah Jenkins, M.S., PPS

Certified School Counselor

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PROFESSIONAL SUMMARY

Dedicated, bilingual (English/Spanish) School Counselor with over 6 years of experience supporting diverse student populations in academic achievement, career development, and social-emotional growth. Proven track record of implementing evidence-based school counseling programs, coordinating crisis intervention teams, and utilizing restorative justice practices to reduce disciplinary incidents. Committed to fostering an inclusive, supportive environment that empowers all students to reach their full potential.

CERTIFICATIONS & LICENSES

- **Pupil Personnel Services (PPS) Credential** – School Counseling, California Commission on Teacher Credentialing (License #1234567)
- **Licensed Professional Clinical Counselor (LPCC) Candidate** – California Board of Behavioral Sciences
- **National Certified School Counselor (NCSC)** – National Board for Certified Counselors (NBCC)
- **Youth Mental Health First Aid Certification** – National Council for Mental Wellbeing

KEY COUNSELING SKILLS

Direct Student Services

- Individual & Group Counseling
- Crisis Intervention & Risk Assessment
- Social-Emotional Learning (SEL) Curricula
- College & Career Readiness Counseling
- Peer Mediation & Conflict Resolution

Indirect & Systems Support

- Multi-Tiered System of Supports (MTSS)
- Section 504 Plan Coordination
- Special Education / IEP Team Collaboration
- Restorative Justice & Positive Behavior Support
- Student Information Systems (PowerSchool, SEIS)

PROFESSIONAL EXPERIENCE

Nexa High School

Lead School Counselor

Los Angeles, CA

August 2022 – Present

- Manage a diverse caseload of 350+ students in grades 9–12, providing comprehensive academic, career, and personal/social counseling.
- Designed and implemented a school-wide Social-Emotional Learning (SEL) program, resulting in a 22% decrease in student disciplinary referrals over two academic years.
- Chair the Section 504 Committee, coordinating 45+ accommodation plans and ensuring strict compliance with federal and state regulations.
- Lead the Crisis Response Team, conducting suicide risk assessments and organizing postvention support systems.

Synapse Middle School

School Counselor

Pasadena, CA

August 2020 – June 2022

- Provided individual counseling and facilitated structured support groups focusing on grief, anxiety, and social skills for 280+ students.
- Pioneered a restorative justice program in collaboration with administration, reducing student suspensions by 30%.
- Coordinated high school transition plans for 8th-grade students, facilitating family workshops and articulation meetings.

Vertex Charter School

School Counseling Intern

Glendale, CA

August 2019 – May 2020

- Completed 600 hours of supervised counseling experience across elementary and middle school settings.
- Co-facilitated 4 target groups on anger management and academic motivation for at-risk students.

EDUCATION

Meridian University

Master of Science in School Counseling

ASCA National Model aligned program. GPA: 3.92/4.00

San Diego, CA

Graduated: May 2020

Apex State University

Bachelor of Arts in Psychology

Cum Laude honors. Minor in Child Development.

Sacramento, CA

Graduated: May 2018