

Sarah Jenkins, LCSW

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Professional Summary

Dedicated Licensed Clinical Social Worker (LCSW) with over 6 years of experience in clinical case management, crisis intervention, and therapeutic counseling. Proven expertise in designing and implementing evidence-based treatment plans for diverse and vulnerable populations, including individuals experiencing homelessness, trauma, and substance use disorders. Committed to delivering trauma-informed care and fostering client empowerment through multidisciplinary collaboration.

Licensure & Certifications

Licensed Clinical Social Worker (LCSW)

Oregon Board of Social Workers | License #98765

Crisis Prevention Intervention (CPI)

Crisis Prevention Institute | Certified 2025

Certified Clinical Trauma Professional (CCTP)

Trauma Support Association | ID: CCTP-54321

Basic Life Support (BLS)

American Heart Association | Certified 2024

Core Skills

Clinical Practices:	Cognitive Behavioral Therapy (CBT), Dialectical Behavior Therapy (DBT), Trauma-Informed Care, Crisis De-escalation, Motivational Interviewing, Family Systems.
Case Management:	Clinical Assessments, Intake Evaluations, Treatment Planning, EHR Systems (Epic, CareLogic), Resource Navigation, Multidisciplinary Case Conferences.
Core Strengths:	HIPAA Regulations, Crisis Safety Planning, Cultural Humility, Conflict De-escalation, Bilingual (English/Spanish).

Professional Experience

Lead Clinical Social Worker

Nexa Community Health Center

Oct 2022 – Present

Portland, OR

- Manage an active caseload of 35+ adult clients presenting with complex trauma, substance use disorders, and severe mental illness (SMI).
- Conduct comprehensive biopsychosocial assessments to formulate individualized, goal-oriented treatment plans.
- Facilitate three weekly therapeutic groups focused on anxiety management and trauma recovery, maintaining a 94% client attendance rate.
- Collaborate with a multidisciplinary team (psychiatrists, physicians, housing specialists) to reduce client psychiatric hospitalizations by 22%.

Child and Family Social Worker

Vertex Family Services

Aug 2019 – Sep 2022

Eugene, OR

- Provided outpatient therapy, crisis intervention, and intensive case management to a caseload of 25+ high-risk youth and families.
- Formulated and executed goal-oriented treatment plans, leading to successful family reunification or stable placement for 88% of cases.
- Partnered with school counselors and state child welfare agencies to advocate for client needs and ensure service plan compliance.
- Maintained EHR documentation in Epic with a 98% compliance rating on quarterly quality assurance audits.

Social Work Intern

Meridian Family Services

Sep 2018 – Jun 2019

Portland, OR

- Co-facilitated group therapy sessions for adolescents addressing substance use and behavioral challenges under LCSW supervision.
- Conducted intake assessments and connected 40+ families to essential housing, food, and medical resources.

Education

Master of Social Work (MSW) – Meridian State University, Portland, OR

Concentration: Clinical Social Work | HRSA Behavioral Health Workforce Fellow

2019

GPA: 3.9/4.0

Bachelor of Science in Psychology – Meridian State University, Portland, OR

Minors: Sociology & Spanish | Magna Cum Laude

2017

GPA: 3.8/4.0