

Sarah Jenkins, PT, DPT, OCS

Board Certified Orthopaedic Clinical Specialist

📞 (555) 123-4567 | ✉ sarah.jenkins@email.fict | 📍 Boston, MA | 🔗 [linkedin.com/in/sarah-jenkins-dpt](#)

Professional Summary

Licensed Physical Therapist (DPT) and Board Certified Orthopaedic Specialist (OCS) with 7+ years of outpatient clinical experience. Expert in manual therapy, evidence-based orthopedic rehabilitation, and post-surgical care. Proven record of managing high caseloads while maintaining a 97%+ patient satisfaction rate and reducing recovery times. Strong collaborator with orthopedic specialists and multidisciplinary medical teams.

Licensure & Certifications

Physical Therapist License: Massachusetts Board of Allied Health (No. PT-89102-FICT, Active)

Board Certified Specialist: Orthopaedic Clinical Specialist (OCS) – ABPTS

Advanced Certifications: Certified Dry Needling Practitioner (Cert. DN) | BLS (CPR/AED) – AHA

Clinical Skills

Manual Therapy:	Joint mobilization/manipulation, IASTM, myofascial release, muscle energy techniques
Specialties:	Orthopedic rehabilitation, sports injury recovery, post-surgical care, neuromuscular re-education
Diagnostics:	SFMA/FMS screening, biomechanical gait analysis, ergonomic assessments, outcome measures
Technology:	WebPT, Clinicient, Epic EHR, Net Health, Nimbus Office Suite, telehealth platforms

Professional Experience

Lead Physical Therapist <i>Apex Health System</i>	Oct 2021 – Present Boston, MA
- Manage daily caseload of 14–16 orthopedic and sports patients, directing care from assessment to discharge. - Supervise 3 Physical Therapist Assistants (PTAs), boosting team clinical productivity by 12% through scheduling. - Designed post-operative ACL rehab protocol, reducing recovery time by 12% with zero reinjury cases in 12 months. - Achieve 97.4% patient satisfaction score based on quarterly standardized clinical outcome surveys.	
Senior Physical Therapist <i>Meridian Rehabilitation Clinic</i>	Aug 2019 – Oct 2021 Cambridge, MA
- Treated 15 patients daily with acute and chronic musculoskeletal and post-surgical orthopedic conditions. - Integrated dry needling and manual therapy, reducing patient pain scores by 30% within the first 3 sessions. - Collaborated with orthopedic surgeons to align pre-hab protocols, increasing post-op mobility outcomes by 15%.	
Staff Physical Therapist <i>Synapse Therapy Group</i>	Jun 2017 – Aug 2019 Quincy, MA
- Conducted evaluations and therapeutic interventions for 12–14 patients daily in a high-volume clinic. - Created and taught a weekly geriatric balance class, reducing patient fall rate by 40% over 1 year. - Maintained 99% billing and documentation compliance score within the WebPT EMR system.	

Education

Doctor of Physical Therapy (DPT) <i>Academic Honors Graduate Clinician of the Year nominee Capstone on Low Back Pain Manual Therapy</i>	Nexa University Boston, MA	May 2017
Bachelor of Science in Kinesiology <i>Graduated Cum Laude Dean's List (all semesters)</i>	Vertex State University Amherst, MA	May 2014