

Maya Bennett, RDH, BSDH

Registered Dental Hygienist

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Professional Profile

Patient-focused Registered Dental Hygienist with 7+ years of experience delivering preventive and periodontal care in high-volume general and specialty practices. Skilled in comprehensive assessments, nonsurgical periodontal therapy, digital radiography, and individualized education. Known for gentle technique, precise documentation, and building trust with anxious and medically complex patients while consistently supporting clinical quality and practice growth.

Licensure & Certifications

Colorado RDH License	Active, unrestricted	Local Anesthesia	Colorado permit, active
BLS for Providers	American Heart Association	Nitrous Oxide	Monitoring certification
Laser Certification	Diode laser periodontal therapy	Infection Control	OSHA and HIPAA trained

Clinical Expertise

Patient Care	Adult and pediatric prophylaxis; periodontal charting; scaling and root planing; ultrasonic and hand instrumentation; fluoride varnish; sealants; desensitizing agents; oral cancer screening
Diagnostics	Digital intraoral radiographs; panoramic imaging; intraoral photography; caries and periodontal risk assessment; medical history review; vital signs; clinical documentation
Practice Support	Dentrix; Eaglesoft; patient education; treatment co-planning; recall and re-care; instrument sterilization; CDC/OSHA protocols; dental emergency readiness

Professional Experience

Lead Registered Dental Hygienist **May 2022 – Present**
Parkside Family Dentistry *Denver, CO*

- Provide preventive and periodontal care for 8–10 patients daily, including comprehensive assessments, prophylaxis, scaling and root planing, fluoride, sealants, radiographs, and local anesthesia.
- Increased periodontal therapy acceptance by 24% through clear case presentation, visual education, and collaborative treatment planning with dentists and patients.
- Standardized periodontal charting and re-care protocols across a 5-provider practice, improving overdue recall recovery by 18% within one year.
- Mentor 3 hygienists and dental assistants on instrumentation, documentation, infection prevention, and efficient operatory turnover; maintain 98% on-time appointments.

Registered Dental Hygienist **July 2019 – April 2022**
Mile High Periodontics & Implants *Lakewood, CO*

- Delivered nonsurgical periodontal therapy and maintenance for patients with Stage I–IV periodontitis, implants, complex medical histories, and dental anxiety.
- Used ultrasonic instrumentation, site-specific antimicrobials, and diode laser therapy under periodontist direction, contributing to improved pocket depths at 90-day reevaluations.
- Coordinated care with referring general dentists and documented clinical findings, radiographs, anesthetic administration, and home-care plans accurately in Dentrix.
- Earned an average 4.9/5 patient-care rating and helped reduce same-day cancellations by 15% through pre-visit communication and patient-centered coaching.

Dental Hygienist **June 2017 – June 2019**
Aspen Grove Dental Care *Aurora, CO*

- Performed routine hygiene care, periodontal screening, digital radiography, sealants, and nutritional and home-care counseling for a diverse family patient population.
- Supported practice-wide sterilization, waterline maintenance, exposure-control, and operatory quality checks with zero deficiencies during annual compliance reviews.

Education

Bachelor of Science in Dental Hygiene **May 2017**
University of Colorado School of Dental Medicine *Aurora, CO*

Graduated magna cum laude • Student American Dental Hygienists' Association • Community oral-health outreach volunteer