

Medical History Questionnaire

Meridian Family Medicine

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Instructions: Please complete all sections to the best of your knowledge. Your responses help us provide the safest, most effective care. Fields marked with an asterisk (*) are required.

PATIENT INFORMATION

Field	Value	Field	Value
Full Name*	James A. Morrison	Date of Birth*	03/14/1974
Age	52	Sex*	☐ Male ☒ Female
Preferred Name	Jim	Marital Status	Married
Primary Phone*	(503) 555-0198	Alternate Phone	(503) 555-0172
Email	j.morrison@email.com	SSN (last 4)	4821
Address*	215 NW Park Avenue, Apt 4B	City / State / ZIP	Portland, OR 97209
Emergency Contact*	Laura Morrison (Spouse)	Emergency Phone*	(503) 555-0199
Primary Insurance	Apex Health Plans	Policy #	AHP-99872-04
Employer	Vertex Design Studio	Occupation	Senior Architect

PERSONAL MEDICAL HISTORY

Condition	Yes	No	Details / Date of Onset
Hypertension (High Blood Pressure)	☒	☐	Diagnosed 2018; well-controlled on Lisinopril 10 mg
Diabetes (Type 1 or Type 2)	☒	☐	Type 2, diagnosed 2019; managed with Metformin 500 mg BID
High Cholesterol / Hyperlipidemia	☒	☐	On Atorvastatin 20 mg; last LDL 98 mg/dL
Coronary Artery Disease	☐	☒	
Heart Attack (Myocardial Infarction)	☐	☒	
Stroke / TIA	☐	☒	
Asthma	☐	☒	
COPD / Emphysema	☐	☒	
Chronic Kidney Disease	☐	☒	
Thyroid Disorder	☐	☒	
Depression / Anxiety	☐	☒	
Osteoarthritis	☒	☐	Right knee, mild; prior arthroscopy in 2019
Cancer (any type)	☐	☒	
Hepatitis / Liver Disease	☐	☒	
Anemia / Blood Disorder	☐	☒	
Seizure Disorder	☐	☒	
GERD / Acid Reflux	☒	☐	Occasional; managed with Omeprazole PRN
Sleep Apnea	☐	☒	
Other	☐	☒	

FAMILY MEDICAL HISTORY

Condition	Relationship	Age at Onset	Notes
Coronary Artery Disease	Father	58	Required CABG at age 59; deceased at 71
Hypertension	Father, Mother	50, 55	Both parents on antihypertensives
Type 2 Diabetes	Mother	62	Managed with oral agents
Breast Cancer	Mother	63	Treated with lumpectomy and radiation; in remission
Colon Cancer	Paternal Uncle	67	—
Osteoporosis	Mother	70	—
Stroke	Paternal Grandfather	72	—
Alzheimer's Disease	Maternal Grandmother	78	—

SURGICAL HISTORY

Procedure	Date	Surgeon / Facility	Complications
Arthroscopic Knee Surgery	04/2019	Dr. Robert Chen, Nimbus Orthopedics	None
Appendectomy (Open)	07/2005	Dr. Maria Santos, Meridian General Hospital	None

MEDICATIONS & ALLERGIES

Current Medications

Medication	Dose	Frequency	Prescriber
Lisinopril	10 mg	Once daily	Dr. Sarah Chen, Meridian FM
Metformin	500 mg	Twice daily	Dr. Sarah Chen, Meridian FM
Atorvastatin	20 mg	Once daily at bedtime	Dr. Sarah Chen, Meridian FM
Omeprazole	20 mg	As needed	Dr. Sarah Chen, Meridian FM

Allergies & Adverse Reactions

Allergen	Reaction	Severity
Penicillin	Urticaria (hives), generalized rash	Moderate
Latex	Contact dermatitis, localized erythema	Mild
☐ No known drug allergies		

LIFESTYLE & SOCIAL HISTORY

Factor	Response
Tobacco Use	☐ Current ☐ Former ☒ Never
Alcohol Consumption	2–3 drinks per week (beer/wine)
Illicit Drug Use	☒ None
Caffeine Intake	2 cups of coffee daily
Exercise Frequency	3–4 times per week (walking, cycling)
Dietary Habits	Balanced diet; avoids excess sodium per physician guidance
Sleep (hours/night)	6–7 hours; occasional difficulty falling asleep
Occupation & Work Environment	Senior Architect, primarily desk-based at Vertex Design Studio
Living Situation	Lives with spouse; two-story home
Recent Travel	None in past 12 months

REVIEW OF SYSTEMS

Body System	Normal	Abnormal Findings / Comments
Constitutional	☒	—
Eyes / Vision	☒	—
Ears, Nose, Throat	☒	—
Cardiovascular	☐	Occasional palpitations with exertion; no chest pain
Respiratory	☒	—
Gastrointestinal	☒	Occasional heartburn, well-controlled
Genitourinary	☒	—
Musculoskeletal	☐	Intermittent right knee stiffness, status post arthroscopy
Neurological	☒	—
Psychiatric	☒	—
Dermatological	☒	—
Endocrine	☐	Type 2 diabetes; no polyuria or polydipsia currently
Hematologic / Lymphatic	☒	—

VITAL SIGNS & MEASUREMENTS (Provider Use Only)

Measurement	Value	Measurement	Value
Blood Pressure	128/82 mmHg	Heart Rate	74 bpm
Respiratory Rate	16/min	Temperature	98.4 °F
Oxygen Saturation	98% on room air	Height	5'10" (177.8 cm)
Weight	192 lbs (87.1 kg)	BMI	27.5 kg/m ²

SIGNATURE & CONSENT

I certify that the information provided in this questionnaire is accurate and complete to the best of my knowledge. I understand that providing incomplete or inaccurate information may affect the quality of my medical care.

Patient Signature

James A. Morrison

Date

07/15/2026

Provider Signature

Dr. Sarah Chen, MD

Date

07/15/2026

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